

Chemo-Kemosabe



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Power 4 Pink

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Power 4 Pink – A vision.....

In 2005, I found a lump in my left breast. I went for a diagnostic mammogram but nothing showed up. For two more years I was assured that all was okay.

In November of 2007 the lump seemed to grow everyday. By December I could see the lump sticking out of my shirts. The earliest appointment I could get was January 17th 2008. By the time I had the biopsy done the tumor was hard as a rock. I knew after the nurse asked me at least 3 times about my family history for breast cancer what the results were. When I arrived back in the recovery room my surgeon said "I have to tell you something that I wish I didn't have to say".

That was the beginning of my journey with breast cancer. I must tell you that I have been blessed with wonderful doctors, the very best care, and family and friends that people only hope to have in their corner when facing uncertainty.

Now that I have met the challenge of this life changing disease, I feel that I need to give back to those who may face this battle. The cost is earth shattering to say the least. I have great insurance, but waiting for approval for treatment is an interesting concept. I do not know what I would have done if my insurance company would have denied me treatment.

There are so many without adequate insurance or none at all. I believe that those without financial resources need to have the same ability to fight this disease as I did. As I sat in the cancer center I began to envision the concept of the **Power 4 Pink**. It is my hope to first help prevent and educate about this disease and perhaps someday give women young, old, white, black, educated, or homeless the same fighting chance that I was so blessed to receive.

Marcy Calvert
Breast Cancer Survivor

Officers:

- Marcy L. Calvert, President
- Lori Koethe, Vice-President
- Mary A. Feakins, Secretary
- Nikki Hamrick, Treasurer
- Lidia Ganobcik, Sgt-At-Arms

Our Mission:

To provide patients who are diagnosed with breast cancer support and resources to improve the quality of their life. To provide relief to this individual by arming them with a comprehensive list of available resources that will encompass all possible aspects of medical and personal care.

Our "Fight Like A Girl" Honor Roll:

Marcy Calvert 1-17-08, Lidia Ganobcik, Bev Sayre, Pat Earl, Myra Gray,

Kickoff Event – 2/11/09 Bus Trip to Windsor

The bus collected a total of 32 for the trip to Windsor for our kickoff event.

Cyndi Thomin thanked everyone for attending and explained how Power 4 Pink started and gave a few goals of the organization.

Sally and Mary Lou were excellent hosts on the trip and ran games to add to the support of the cause.

Horse race betting was heavy and Hercules led the field ahead of Hollywood, Hot-2-Traut, Moon Baby, Iowa Queen, and Doc.

Reverse raffle was run and last two left were Mary Lou Rebman-Poli and Mary Feakins who split the pot.

We arrived at 11:05 at Windsor Casino. All

seemed to enjoy the day and on the return trip we raffled off 6 donated prizes.

Prize winners were: Rose Nowak (box of wine/body lotions), Mary Feakins (wine/gift card), Marcy Calvert (Pink sweatshirt), Cyndi Thomin (One month EMH Fitness Center pass, Lee Shattuck (Avon Products), Bill Morris (Cav's Jacket).

Kemosabe Korner ----- Co-survivor's thoughts....

On January 17, 2008, our world changed. The message she left was "we really haven't been close lately, but I really need a friend". I could tell from her voice that something big was wrong. How can we expect for the conversation to start besides being like ripping off a band-aid. Her voice was so distraught when she said "I have breast cancer and its stage 3". You could have knocked me over with a feather. I did not know what to say, much less what to do.

I did not know what to expect when I stopped at Marcy's that night with my box of Kleenex. I was quickly put at ease by the best there is! We talked more than we cried.

Cancer is SOOOO scary and I don't figure that I will ever meet anyone that is as positive and open as Marcy. From the first day with the Kleenex she made me feel that everything would be okay. My mind was going 90 miles

an hour and I am positive that hers was worse, but as always, she made the people around her feel like it was okay. Anyone who knows Marcy will know that this is her personality.

I don't know what it is about cancer that makes people fear talking about it. I can't tell you how many people ask me questions about how Marcy is doing that won't ask her direct. I usually try to let them know what I know, but I am no medical expert in any way, shape or form, and I try to tell them that it is okay to bring it up with her.

I have watched Marcy battle every hurdle the past year and barely waiver. I know for me it was a life altering/growing experience and I can't imagine not being involved. It was not easy for me but I knew that what Marcy was experiencing was much worse and

it was more important to do what little I could then to stand by and watch from the outside.

Reba McEntire's song says it best..."Let your heart lead the way"...ie: None of us are experts at this, so it's OKAY if we step in the DoDo...

Susan G. Komen designates a person affiliated with a cancer survivor as "co-survivor". Rose Nowak put a spin on the word "Kemosabe" (faithful Friend for those who remember the Lone Ranger) to cover those who are supporting friends going thru Chemo. May we all be a Chemosabe to those survivors dear to us!

Love ya Marcy!

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Upcoming Fundraising Events Schedule:

Our next event will be a **Golf Outing**. This event will be June 27th at Grey Hawk Golf Club in LaGrange.

Entry is open to both men and women. \$100 is needed to sponsor a hole. Entry fee for a team is \$400. \$25 of the entry fee will be donated to Power 4 Pink.

Entry fee will include golf, lunch at the turn, and a steak dinner.

Four of the par 3 holes will award a prize for a hole in one. One will award a rolex watch. Cargo Warehouse will be the point of contact when the watch is won and he has offered to donate \$500 to Power 4 Pink when the prize is won! Also there will be hole prizes for long drive (both men and women), long putt and closest to the pin. We are having a Chinese raffle which includes a signed jersey from

Cavalier Anderson Verajao, and a booze basket and a there will also be a 50/50 raffle.

You can call for an entry or email us at power4pink@verizon.net to be emailed one.

We are also planning a **Poker Run** in August, a **Bowling Tournament** and a **Survivor Picnic**. We do not have the particulars for these yet so please look for updated information in future newsletters.

If you would like to make sure you get information, please sent us a note at PO Box 1034 Amherst, Oh 44001 or email us at power4pink@verizon.net.

Power 4 Pink:

PROVIDING
OUR
WOMEN
ESSENTIAL
RESOURCES

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POWER 4 PINK Would like to say THANK YOU to the following donators and sponsors: Grey Hawk Golf Club, Avon Baseball, Extol Ohio Inc., Campana & Co, Jet Signs, K96 Radio, Mannion & Gray, Best Cuts, Firestone, Giardini Cook & Nichol LLC, H. Fior General Contractor, Hair Etc, Hematology Oncology Center, Dr. Beverly Paige, EMH Health Center, Kowalski Ford, Auto Zone, Mehco Custom Printing, Monogrammix, PC Campana, R.W. Beckett Corporation, Rebman Recreation, Total Line Refrigeration, Trigilio & Stephenson P.L.L., Z Graphics, Mary Keith, Anna Green, Rose Nowak, Marcy Calvert, Cyndi Thomin, Nikki Hamrick, Mary Feakins, Beth Prancunas, , Kathy Shupp,

