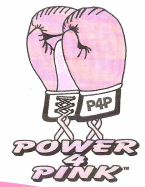




# Chemo-Kemosabe



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## Power 4 Pink

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## Power 4 Pink – A vision.....

In 2005, I found a lump in my left breast. I went for a diagnostic mammogram but nothing showed up. For two more years I was assured that all was okay.

In November of 2007 the lump seemed to grow everyday. By December I could see the lump sticking out of my shirts. The earliest appointment I could get was January 17<sup>th</sup> 2008. By the time I had the biopsy done the tumor was hard as a rock. I knew after the nurse asked me at least 3 times about my family history for breast cancer what the results were. When I arrived back in the recovery room my surgeon said “I have to tell you something that I wish I didn’t have to say”.

That was the beginning of my journey with breast cancer. I must tell you that I have been blessed with wonderful doctors, the very best care, and family and friends that people only hope to have in their corner when facing uncertainty.

Now that I have met the challenge of this life changing disease, I feel that I need to give back to those who may face this battle. The cost is earth shattering to say the least. I have great insurance, but waiting for approval for treatment is an interesting concept. I do not know what I would have done if my insurance company would have denied me treatment.

There are so many without adequate insurance or none at all. I believe that those without financial resources need to have the same ability to fight this disease as I did. As I sat in the cancer center I began to envision the concept of the **Power 4 Pink**. It is my hope to first help prevent and educate about this disease and perhaps someday give women young, old, white, black, educated, or homeless the same fighting chance that I was so blessed to receive.

**Marcy Calvert**  
**Breast Cancer Survivor**

### Officers:

- Marcy L. Calvert, President
- Lori Koethe, Vice-President
- Mary A. Feckins, Secretary
- Nikki Hamrick, Treasurer
- Lidia Ganobak, Sgt-At-Arms
- Kathy Shupp, Director

### Our Mission:

To provide patients who are diagnosed with breast cancer support and resources to improve the quality of their life. To provide relief to this individual by arming them with a comprehensive list of available resources that will encompass all possible aspects of medical and personal care.

### Our “Fight Like A Girl” Honor Roll:

Marcy Calvert, Lidia Ganobcik, Bev Sayre, Pat Earl, Myra Gray, Marcia Bender, Rose Kalo-Jachym, Flora Mae Beissinger, Alba Rivera, Lisa Garza, Kathy Kessler

### 1<sup>st</sup> Annual P4P Golf Outing – June 27, 2009

The first annual P4P 4-person scramble golf outing pleased us all by the show of support at Grey Hawk Golf Club. The weather cooperated, giving us a wonderful sun-filled day on June 27. 23-teams of men and women came together for a great cause...to raise funds to be used in Lorain County to improve access to healthcare with a focus on breast cancer prevention, detection, and treatment.

The Grey Hawk staff did a fantastic job in making the event run smoothly from early morning set up

to the time of clean-up. The golfers were treated to door prizes, a continental breakfast, lunch at the ‘turn’, and dinner afterwards. Prizes were generously donated by various business and organizations for first, second, and third place finishers in a men’s and women’s division.

We would like to invite everyone back, and anyone else you wish to bring, to Grey Hawk Golf Club next year on Saturday, June 26, 2010. It is our intention that next year’s outing will be

even more successful.

## Kemosabe Korner ----- a Co-survivor's thoughts....

On January 17, 2008, our world changed. The message she left was "we really haven't been close lately, but I really need a friend". I could tell from her voice that something big was wrong. How can we expect for the conversation to start besides being like ripping off a band-aid. Her voice was so distraught when she said "I have breast cancer and its stage 3". You could have knocked me over with a feather. I did not know what to say, much less what to do.

I did not know what to expect when I stopped at Marcy's that night with my box of kleenex. I was quickly put at ease by the best there is! We talked more than we cried.

Cancer is SOOOO scary and I don't figure that I will ever meet anyone that is as positive and open as Marcy. From the first day with the Kleenex she made me feel that everything would be okay. My mind was going 90 miles an hour and I am positive that hers was worse, but as always, she made the people around her feel like it was okay. Anyone who knows Marcy will know that this is her personality.

I don't know what it is about cancer that makes people fear talking about it. I can't tell you how many people ask me questions about how Marcy is doing that won't ask her direct. I usually try to let them know what I know, but I am no medical expert and only hope to get all the details right. I always try to tell them that it is okay to bring it up with her.

I have watched Marcy battle every hurdle the past year and barely waiver. I know for me it was a life altering/growing experience and I can't imagine not being involved. It was not easy for me but I knew that what Marcy was experiencing was much worse and it was more important to do what little I could then to stand by and watch from the outside.

Reba McIntire's song says it best..."Let your heart lead the way"...ie: None of us are experts at this, so it's OKAY if we step in the DoDo...

Susan G. Komen designates a person affiliated with a cancer survivor as "co-

survivor". Rose Nowak put a spin on the word "Kemosabe" (faithful Friend for those who remember the Lone Ranger) to cover those who are supporting friends going thru Chemo. May we all be a Chemosabe to those survivors dear to us!

Love ya Marcy!

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## Upcoming Fundraising Events Schedule:

On Sunday, October 25, 2009 Rebman's Recreation Bowling Center will be hosting a Bowl-A-Thon to raise funds for the P4P organization to be able to help people in Lorain County deal with breast cancer. Rebman's will be providing **three (3) hours** of bowling, a **food buffet**, bowling ball and shoe rental all for **only \$25.00** per person, or \$15.00 per children 12 and under. Door prizes will also be available.

Tickets can be purchased from anyone in the organization or at Rebman's Recreation Center located at 5300 Oberlin Avenue, Lorain, Ohio. Rebman's phone number is 440/282-6761 or call P4P Organization at 440/654-8420 to get more information. You can also watch your favorite football teams play on any one of the 50 monitors available.

Come out and enjoy some family fun instead of sitting around at home. You will be supporting a great cause and having fun all at the same time!

### Power 4 Pink:

**P**ROVIDING  
**O**UR  
**W**OMEN  
**E**SSENTIAL  
**R**ESOURCES

**4**

**P**ROGRAMS  
**I**N  
**N**CESSARY  
**K**ARE

## Upcoming Fundraising Events Schedule:

We are currently working on our events schedule for 2010. However, we have confirmed the 2<sup>nd</sup> Annual P4P Golf Outing at Grey Hawk Golf Club on Saturday, June 26, 2010. Look for more information on the golf outing in March/April of 2010.

